

Português	English	Alergenicos	Allergens
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**PAUL PAIRET**

Sushi-Mozz Baltic	Baltic Sushi-Mozz	Glúten (trigo) Peixes Soja Leite	Gluten (wheat) Fish Soybeans Milk
Sushi-Mozz Anchova	Anchovy Sushi-Mozz	Glúten (trigo) Peixes Soja Leite	Gluten (wheat) Fish Soybeans Milk
Mayo Chicken Sushi-Roast	Mayo Chicken Sushi-Roast	Glúten (trigo) Ovos Soja Aipo Mostarda Sulfitos	Gluten (wheat) Eggs Soybeans Celery Mustard Sulphites
Teriyaki Tahini Beef Sushi-Roast	Teriyaki Tahini Beef Sushi-Roast	Glúten (trigo) Soja Leite Sésamo	Gluten (wheat) Soybeans Milk Sesame
Atum-Atum Sushi-Wich	Tuna-Tuna Sushi-Wich	Glúten (trigo) Ovos Peixes Soja Leite Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Mustard Sesame Sulphites
Catalan Sushi-Wich	Catalan Sushi-Wich	Glúten (trigo) Ovos Peixes Soja Leite Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Sesame Sulphites
Signature Beijing Roll	Signature Beijing Roll	Glúten (trigo) Amendoins Soja Sésamo	Gluten (wheat) Peanuts Soybeans Sesame
Spring ABLT	Spring ABLT	Glúten (trigo) Ovos Soja Aipo Mostarda Sulfitos	Gluten (wheat) Eggs Soybeans Celery Mustard Sulphites
Salada de arroz e sardinha	Sardine & rice salad	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Celery Mustard Sesame Sulphites
Sweet Sushi Manga-Aneto	Mango-Dill Sweet Sushi	Ovos Leite	Eggs Milk
Sweet tulip abacate com Nutella®	Avocado Sweet Tulip with Nutella®	Glúten (trigo) Soja Leite Frutos de casca rija (avelã)	Gluten (wheat) Soybeans Milk Nuts (hazelnut)
Sweet Sushi by Paul Pairet	Sweet Sushi by Paul Pairet	Glúten (trigo) Ovos Soja Leite Frutos de casca rija (avelã)	Gluten (wheat) Eggs Soybeans Milk Nuts (hazelnut)
Box by Paul Pairet	Box by Paul Pairet	Glúten (trigo) Ovos Peixes Amendoins Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Peanuts Soybeans Milk Celery Mustard Sesame Sulphites

**SUSHI BOXES 2021**

Amateur mix	Amateur mix	Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Salmon original	Salmon original	Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Special blend	Special blend	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Master mix	Master mix	Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Sunrise	Sunrise	Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Salmon Lovers	Salmon Lovers	Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Classic mix	Classic mix	Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Celery Mustard Sesame Sulphites
Super Salmon	Super Salmon	Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
California Dream	California Dream	Glúten (trigo) Crustáceos Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Gourmet Mix	Gourmet Mix	Glúten (trigo) Ovos Peixes Soja Frutos de casca rija (avelã) Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Nuts (hazelnut) Celery Mustard Sesame Sulphites
Fresh Mix	Fresh Mix	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Sando Box frango Katsu	Sando Box Chicken Katsu	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites
Sando Box Salmon Aburi	Sando Box Salmon Aburi	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites

**BOX TO SHARE**

Box for two	Box for two	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Box for two gourmet	Box for two gourmet	Glúten (trigo) Crustáceos Ovos Peixes Soja Leite Frutos de casca rija (avelã) Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soybeans Milk Nuts (hazelnut) Celery Mustard Sesame Sulphites
Black box classic	Black box classic	Glúten (trigo) Crustáceos Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Black box gourmet	Black box gourmet	Glúten (trigo) Crustáceos Ovos Peixes Amendoins Soja Leite Frutos de casca rija (avelã) Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Peanuts Soybeans Milk Nuts (hazelnut) Celery Mustard Sesame Sulphites

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<b>SANDO</b>			
Sando veggie	Sando veggie	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame Sulphites
Sando salmon aburi	Sando salmon aburi	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Sando chicken katsu	Sando chicken katsu	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame Sulphites
Sando camarão Tempura	Sando prawn tempura	Glúten (trigo) Crustáceos Ovos Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Soya Milk Celery Mustard Sesame Sulphites
Sando atum picante	Sando spicy tuna	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites
<b>YAKITORI / GYOZAS</b>			
Espetada de carne e queijo	Beef and cheese skewer	Glúten (trigo) Soja Leite	Gluten (wheat) Soya Milk
Espetada de frango Yakitori	Chicken yakitori skewer	Glúten (trigo) Soja	Gluten (wheat) Soya
Espetada de frango tsukune	Chicken tsukune skewer	Glúten (trigo) Ovos Soja	Gluten (wheat) Eggs Soya
Gyoza de frango	Chicken gyoza	Glúten (trigo) Soja Leite Sésamo	Gluten (wheat) Soya Milk Sesame
Gyoza legumes	Gyoza vegetables	Glúten (trigo) Soja	Gluten (wheat) Soya
<b>SUSHI / NIGIRI</b>			
Nigiri salmão	Sushi salmon	Peixes	Fish
Nigiri salmão teriyaki	Sushi teriyaki salmon	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Nigiri salmão tsukudani	Sushi tsukudani salmon	Peixes Soja Sésamo	Fish Soya Sesame
Nigiri atum	Sushi tuna	Peixes	Fish
Sushi espargo miso	Sushi miso asparagus	Soja	Soya
Nigiri camarão	Sushi prawn	Crustáceos Soja	Crustaceans Soya
Nigiri dourada	Sushi bream	Glúten (trigo) Peixes Soja	Gluten (wheat) Fish Soya
Nigiri yellowtail miso yuzu	Sushi miso yuzu yellowtail	Peixes Soja	Fish Soya
Nigiri gunkan ovos de salmão	Sushi salmon roe	Peixes	Fish
<b>MAKI / TEMAKI</b>			
Maki abacate	Maki avocado	Sésamo	Sesame
Maki pepino e queijo	Maki cucumber cheese	Leite	Milk
Maki abacate e queijo	Maki avocado cheese	Leite	Milk
Maki abacate wasabi	Maki avocado wasabi	Glúten (trigo) Ovos Aipo Mostarda	Gluten (wheat) Eggs Celery Mustard
Maki salmão	Maki salmon	Peixes	Fish
Maki atum	Maki tuna	Peixes	Fish
Maki atum spicy	Maki spicy tuna	Glúten (trigo) Ovos Peixes Aipo Mostarda	Gluten (wheat) Eggs Fish Celery Mustard
Maki yellowtail kumquat	Maki yellowtail kumquat	Ovos Peixes Soja Aipo Mostarda Sulfitos	Eggs Fish Soya Celery Mustard Sulphites
Maki salmon roll	Maki cheese salmon	Peixes Leite	Fish Milk
Temaki salmão abacate	Temaki salmon avocado	Peixes Sésamo	Fish Sesame
Temaki atum spicy	Temaki tuna spicy	Glúten (trigo) Ovos Peixes Aipo Mostarda	Gluten (wheat) Eggs Fish Celery Mustard
Temaki marinado	Temaki marinated	Peixes Leite Mostarda Sésamo	Fish Milk Mustard Sesame

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<b>CALIFORNIA / ROLLS</b>			
California yellow fresh	California yellow fresh	Peixes Sésamo	Fish Sesame
California veggie roll	California veggie roll	Glúten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
California salmão abacate	California salmon avocado	Peixes Sésamo	Fish Sesame
California atum cozido e abacate	California cooked tuna avocado	Ovos Peixes Soja Mostarda Sésamo Sulfitos	Eggs Fish Soya Mustard Sesame Sulphites
California atum abacate	California tuna avocado	Peixes Sésamo	Fish Sesame
California pacific	California pacific	Glúten (trigo) Ovos Peixes Leite Aipo Mostarda Sésamo	Gluten (wheat) Eggs Fish Milk Celery Mustard Sesame
California fresh salmon	California fresh salmon	Ovos Peixes Aipo Mostarda Sésamo Sulfitos	Eggs Fish Celery Mustard Sesame Sulphites
California camarão tempura	California prawn tempura	Glúten (trigo) Crustáceos Ovos Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Soya Celery Mustard Sesame Sulphites
California salmão fumado	California smoked salmon	Peixes Leite	Fish Milk
California dourada cenoura e laranja	California carrot orange bream	Ovos Peixes Soja Aipo Mostarda Sulfitos	Eggs Fish Soybeans Celery Mustard Sulphites
California ikura mozza	California ikura mozza	Peixes Leite	Fish Milk
California yellowtail ponzu	California yellowtail ponzu	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
California salmon aburi roll	California salmon aburi roll	Peixes Leite Mostarda Sésamo	Fish Milk Mustard Sesame
California chicken katsu	California chicken katsu	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame Sulphites
California french touch	California french touch	Glúten (trigo) Frutos de casca rija (avelã)	Gluten (wheat) Nuts (hazelnut)
California tuna & truffle	California tuna & truffle	Ovos Peixes Aipo Mostarda Sulfitos	Eggs Fish Celery Mustard Sulphites
<b>SPRING ROLLS</b>			
Spring pepino e queijo	Spring cucumber cheese	Leite	Milk
Spring abacate e queijo	Spring avocado cheese	Leite	Milk
Spring atum cozido e abacate	Spring cooked tuna avocado	Ovos Peixes Soja Mostarda Sésamo Sulfitos	Eggs Fish Soya Mustard Sesame Sulphites
Spring salmão abacate	Spring salmon avocado	Peixes	Fish
Spring fried chicken abacate	Spring fried chicken avocado	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sulphites
Spring Boquerones funcho	Spring Fennel Boquerones	Peixes Leite	Fish Milk
Spring atum e abacate	Spring tuna avocado	Peixes	Fish
Spring tataki de salmão	Spring salmon tataki	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Spring tataki atum	Spring tataki tuna	Glúten (trigo) Ovos Peixes Amendoins Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Peanuts Soya Celery Mustard Sesame Sulphites
Spring camarão	Spring prawn	Crustáceos	Crustaceans
Spring ABLT	Spring ABLT	Glúten (trigo) Ovos Soja Aipo Mostarda Sulfitos	Gluten (wheat) Eggs Soybeans Celery Mustard Sulphites
Spring chicken curry	Spring chicken curry	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sulfitos	Gluten (wheat) Eggs Soya Milk Celery Mustard Sulphites

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<b>SIGNATURE ROLLS</b>			
Signature color fresh	Signature color fresh	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Soybeans Milk Celery Mustard Sesame Sulphites
Signature rock n roll	Signature rock n roll	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Signature fire roll	Signature fire roll	Glúten (trigo) Crustáceos Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Celery Mustard Sesame Sulphites
Signature white passion roll	Signature white passion roll	Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Eggs Fish Soybeans Celery Mustard Sesame Sulphites
Signature chicken dragon roll	Signature chicken dragon roll	Glúten (trigo) Ovos Soja Leite Aipo Mostarda Sésamo	Gluten (wheat) Eggs Soya Milk Celery Mustard Sesame
Signature dragon roll	Signature dragon roll	Glúten (trigo) Crustáceos Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Celery Mustard Sesame Sulphites
Signature Beijing Roll	Signature Beijing Roll	Glúten (trigo) Amendoins Soja Sésamo	Gluten (wheat) Peanuts Soybeans Sesame
<b>SASHIMI &amp; TATAKI</b>			
Sashimi misto 15 unidades	Assortment sashimi 15 pieces	Crustáceos Peixes	Crustaceans Fish
Sashimi misto atum e salmão 15 unidades	Tuna salmon combo sashimi 15 pieces	Peixes	Fish
Sashimi salmão 15 unidades	Salmon sashimi 15 pieces	Peixes	Fish
Sashimi salmão 5 unidades	Salmon sashimi 5 pieces	Peixes	Fish
Sashimi atum 15 unidades	Tuna sashimi 15 pieces	Peixes	Fish
Sashimi atum 5 unidades	Tuna sashimi 5 pieces	Peixes	Fish
Sashimi yellowtail 5/12 unidades	Yellowtail sashimi 5/12 pieces	Glúten (trigo) Peixes Soja	Gluten (wheat) Fish Soya
Tataki de salmão 15 unidades	Salmon tataki 15 pieces	Glúten (trigo) Peixes Soja	Gluten (wheat) Fish Soya
Tataki de atum 15 unidades	Tuna tataki 15 pieces	Glúten (trigo) Peixes Soja	Gluten (wheat) Fish Soya
Tataki de lombo 10 unidades	Beef tataki 10 pieces	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soya Sesame
<b>TARTARE / TARTAR &amp; CEVICHE</b>			
Tártar de salmão	Salmone tartare	Ovos Peixes Aipo Mostarda Sulfitos	Eggs Fish Celery Mustard Sulphites
Ceviche de dourada e leite de tigre de manga	Bream ceviche and mango "leche de tigre" marinade	Peixes Sésamo	Fish Sesame
<b>CHIRASHI</b>			
Chirashi salmão e abacate	Salmon avocado chirashi	Peixes Sésamo	Fish Sesame
Chirashi marinado	Marinated chirashi	Peixes Leite Mostarda Sésamo	Fish Milk Mustard Sesame
<b>YAKISOBA</b>			
Yakisoba veggie	Yakisoba veggie	Glúten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites
Yakisoba salmão	Yakisoba salmon	Glúten (trigo) Peixes Soja Sésamo Sulfitos	Gluten (wheat) Fish Soya Sesame Sulphites
Yakisoba frango	Yakisoba chicken	Glúten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites
Yakisoba carne	Yakisoba beef	Glúten (trigo) Soja Sésamo Sulfitos	Gluten (wheat) Soya Sesame Sulphites

Português	English	Alergenicos	Allergens
<b>POKE BOWL QUINOA</b>			
Poke bowl quinoa veggie	Veggie quinoa poke bowl	Glúten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Poke bowl quinoa salmão teriyaki	Teriyaki salmon quinoa poke bowl	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl quinoa salmão detox	Detox salmon quinoa poke bowl	Glúten (trigo) Peixes Soja Mostarda Sésamo	Gluten (wheat) Fish Soya Mustard Sesame
Poke bowl quinoa salmão aburi	Salmon aburi quinoa poke bowl	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Poke bowl quinoa frango teriyaki	Teriyaki chicken quinoa poke bowl	Glúten (trigo) Amendoins Soja Mostarda Sésamo	Gluten (wheat) Peanuts Soya Mustard Sesame
Poke bowl quinoa passion salmon	Poke bowl quinoa passion salmon	Glúten (trigo) Peixes Soja Mostarda Sésamo	Gluten (wheat) Fish Soya Mustard Sesame
Poke bowl quinoa dourada	Bream quinoa poke bowl	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl quinoa atum spicy	Spicy tuna quinoa poke bowl	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Poke bowl quinoa bife	Beef quinoa poke bowl	Glúten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
<b>POKE BOWL ARROZ</b>			
Poke bowl arroz veggie	Veggie rice poke bowl	Soja Sésamo	Soya Sesame
Poke bowl arroz salmão teriyaki	Teriyaki salmon rice poke bowl	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soya Sesame
Poke bowl arroz salmão detox	Detox salmon rice poke bowl	Peixes Soja Mostarda Sésamo	Fish Soya Mustard Sesame
Poke bowl arroz salmão aburi	Salmon aburi rice poke bowl	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame Sulphites
Poke bowl arroz frango teriyaki	Teriyaki chicken rice poke bowl	Glúten (trigo) Amendoins Soja Mostarda Sésamo	Gluten (wheat) Peanuts Soya Mustard Sesame
Poke bowl arroz passion salmon	Passion salmon rice poke bowl	Peixes Soja Mostarda Sésamo	Fish Soya Mustard Sesame
Poke bowl arroz dourada	Bream rice poke bowl	Peixes Soja Sésamo	Fish Soya Sesame
Poke bowl arroz atum spicy	Spicy tuna rice poke bowl	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo	Gluten (wheat) Eggs Fish Soya Celery Mustard Sesame
Poke bowl arroz bife	Beef rice poke bowl	Glúten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
<b>EXTRA</b>			
Arroz branco	Plain rice		
Arroz avinagrado	Sushi rice	Sésamo	Sesame
Sopa miso	Miso soup	Peixes Soja	Fish Soya
Salada couve japonesa	Cabbage salad	Sésamo	Sesame
Salada de cenoura com molho de citrinos	Carrot salad with citrus dressing	Mostarda	Mustard
Coleslaw wasabi	Coleslaw wasabi	Ovos Aipo Mostarda Sésamo Sulfitos	Eggs Celery Mustard Sesame Sulphites
Salada de legumes crocante	Crunchy vegetable salad	Amendoins Soja	Peanuts Soybeans
Edamame	Edamame	Soja	Soya
Salada de algas **	Seaweed salad **	Soja Sésamo	Soya Sesame
Salada de calamares	Calamari salad	Sésamo Moluscos	Sesame Mollusc
Salada de arroz e sardinha	Sardine & rice salad	Glúten (trigo) Ovos Peixes Soja Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Celery Mustard Sesame Sulphites
Molho gyoza	Gyoza sauce	Glúten (trigo) Soja Sésamo	Gluten (wheat) Soya Sesame
Molho soja salgado	Salty soy sauce	Glúten (trigo) Soja	Gluten (wheat) Soya
Molho soja doce	Sweet soy sauce	Glúten (trigo) Soja	Gluten (wheat) Soya

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Jengibre	Ginger		
Wasabi	Wasabi	Soja Mostarda	Soya Mustard

**SOBREMESAS / DESSERT**

Frozen manga maracujá mochi	Frozen mango and passion mochi		
Frozen coco mochi	Frozen coconut mochi	Leite	Milk
Frozen sésamo preto mochi	Frozen black sesame mochi	Leite Sésamo	Milk Sesame
Sweet Sushi Manga-Aneto	Mango-Dill Sweet Sushi	Ovos Leite	Eggs Milk
Sweet tulip abacate com Nutella®	Avocado Sweet Tulip with Nutella®	Glúten (trigo) Soja Leite Frutos de casca rija (avelã)	Gluten (wheat) Soybeans Milk Nuts (hazelnut)
Mousse de chocolate	Chocolate mousse	Ovos Soja Leite	Eggs Soya Milk
Cheesecake	Cheesecake	Glúten (trigo) Ovos Soja Leite Frutos de casca rija (amêndoas)	Gluten (wheat) Eggs Soya Milk Nuts (almond)
Coulant chocolat	Chocolate fondant	Glúten (trigo) Ovos Soja Leite	Gluten (wheat) Eggs Soya Milk
Abacaxi fresco	Fresh pineapple		
Manga fresca	Fresh mango		
Salada de frutas do dia	Fruit salad of the moment		

**BOX EVENEMENTIELLE / EVENT BOX**

Nanoblock box	Nanoblock box	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soybeans Milk Celery Mustard Sesame Sulphites
DIY Nanoblock box	DIY Nanoblock box	A declaração de alergénios pode variar consoante a composição escolhida. Por favor, consulte cada produto desta lista.	The declaration of allergens may vary depending on the composition chosen. Please see each product in this list.
Maki Wasabi Tuna	Wasabi Tuna Maki	Glúten (trigo) Ovos Peixes Aipo Mostarda	Gluten (wheat) Eggs Fish Celery Mustard
Toranja dourada	Grapefruit Sea Bream Spring Rolls	Ovos Peixes Soja Aipo Mostarda Sulfitos	Eggs Fish Soybeans Celery Mustard Sulphites
Beef Sushi & Onion confit	Beef Sushi & Onion confit		
Happy Sushi Box	Happy Sushi Box	Glúten (trigo) Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Eggs Fish Soya Milk Celery Mustard Sesame Sulphites
Amazing Sunday box	Amazing Sunday box	Glúten (trigo) Crustáceos Ovos Peixes Soja Leite Aipo Mostarda Sésamo Sulfitos	Gluten (wheat) Crustaceans Eggs Fish Soya Milk Celery Mustard Sesame Sulphites

PT : Produtos contendo E110 \*\* / E102 \* : pode causar efeitos negativos na actividade e na atenção das crianças / EN : Products containing E110 \*\* or E102 \* : may have an adverse effect on activity and attention in children

PT : A informação alergénica foi estabelecida a partir de dados comunicados pelos nossos fornecedores de referência, não podemos excluir a presença de outros alergénios (vestígios) que possam ter surgido durante o fabrico ou manuseamento dos produtos.

EN : Allergen information has been established from data communicated by our referenced suppliers, we cannot exclude the presence of other allergens (traces) which may have appeared during the manufacture or handling of the products.

PT : Alguns dos nossos produtos podem não estar disponíveis no restaurante; para mais informação sobre a disponibilidade de um produto, consulte o menu da loja. EN : Our products are not available at each point of sale; please refer to the menu of point of sale.

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**POKE ADD-ON PROTEÍNA / PROTEIN**

Salmão teriyaki	Salmon teriyaki	Glúten (trigo) Peixes Soja Sésamo	Gluten (wheat) Fish Soybeans Sesame
Salmão marinado	Marinated salmon	Peixes Mostarda Sésamo	Fish Mustard Sesame
Frango teriyaki	Chicken teriyaki	Glúten (trigo) Amendoins Soja Sésamo	Gluten (wheat) Peanuts Soybeans Sesame
Atum picante	Spicy tuna	Glúten (trigo) Ovos Peixes Aipo Mostarda	Gluten (wheat) Eggs Fish Celery Mustard
Atum e salmão	Tuna and salmon	Peixes Leite Mostarda Sésamo	Fish Milk Mustard Sesame

**POKE ADD-ON ACOMPANIMENTOS / EXTRA**

Abacate	Avocado		
Edamame	Edamame	Soja	Soya
Salada couve japonesa	Cabbage salad	Sésamo	Sesame
Vegetais crocantes	Crunchy vegetables		
Abacaxi	Pineapple		

**POKE ADD-ON TOPPING**

Cebolas fritas	Fried onions	Glúten (trigo)	Gluten (wheat)
Amendoim	Peanut	Amendoins	Peanuts
Coentro	Coriander		
Grenade	Pomegranate		
Sésamo	Sesame	Sésamo	Sesame
Cebolas vermelhas	Red onions		

PT : A informação alérgica foi estabelecida a partir de dados comunicados pelos nossos fornecedores de referência, não podemos excluir a presença de outros alérgenos (vestígios) que possam ter surgido durante o fabrico ou manuseamento dos produtos.

EN : Allergen information has been established from data communicated by our referenced suppliers, we cannot exclude the presence of other allergens (traces) which may have appeared during the manufacture or handling of the products.

PT : Alguns dos nossos produtos podem não estar disponíveis no restaurante: para mais informação sobre a disponibilidade de um produto, consulte o menu da loja. EN : Our products are not available at each point of sale: please refer to the menu of point of sale.